

Mental Health

Clinical Service Plan 2023-2033



Health
Southern Adelaide
Local Health Network

Roadmap to guide the growth, innovation and evolution of SALHN Mental Health Services.

This Clinical Service Plan was developed following extensive stakeholder consultation including clinicians, Aboriginal Health, Office for the Chief Psychiatrist, and Mental Health consumers.

Focus areas

Current state of SALHN Mental Health Division

Current and future population health needs

Vision for the future

Strategic priorities and opportunities

Key Mental Health Stats (2021)

- 10.4% of Southern Adelaide residents report mental health as a long-term condition, which is higher than the SA average.
- 28.7% of adults reported a mental health condition in the last 12 months with the highest rates between 30-49 years.
- 17.2% children aged 5-15 & 35.3% aged 16-17 reported a mental health condition.
- Highest rates of mental health conditions were for those of the lowest socio-economic areas.
- Onkaparinga have the highest rate of self-reported mental health conditions and those experiencing high or very high psychological distress are higher than the SA averages.
- Holdfast Bay, Marion and Onkaparinga have higher than SA and national averages of premature deaths from suicide or self-inflicted injuries.

Strategies to meet our future needs

System Leadership: Build service profile through advocacy and system leadership at all levels

Knowledge Generation: Research, partnerships, education and innovation

Leveraging Technology: Build digital capability

Workforce Development: Grow, enhance and support staff

Service Growth and innovation: Meet changing community needs

Enhancing Partnerships: Become a partner of choice

Delivering Equity: Safe and appropriate care for all consumers

Growing our Infrastructure: Meet current and future service needs

Clinical service level planning and key actions will help to deliver services in the future based on population needs.

Planned infrastructure

FMC Margaret Tobin Centre expansion

Noarlunga Hospital Mental Health Rehabilitation expansion

Find out more:

Visit the Clinical Service Planning intranet page

